

SESSION NOTES



Tuesday 21st October 2025, 2:00 PM GMT

The Divine Designer: CPD Masterclass Series 2, Episode 12.



The Divine Designer: Peeling Back the Veils to Your True Self

Audience: Holistic Wealth Planners (mentors/coaches)

Format: Online (Zoom + polls + chat + solo worksheets; no breakouts)

Duration: 120 minutes

Workshop Objectives

This CPD Masterclass is designed to help participants move from **ego-led living** to **soul-aligned design**, integrating timeless wisdom with modern psychological insight.

By the end of the session, attendees will be able to:

1. Understand the Two Veils of Selfhood

- Recognise how ego identification and material conditioning obscure authentic purpose.
- Translate these insights into personal and professional decision-making.

2. Map the Tree of Life as a Model of Human Development

- Use the Tree as a secular framework for navigating consciousness—from survival to unity.
 - Identify the psychological functions of the lower, middle, and upper spheres.
- 3. Apply the Elijah Archetype for Inner Guidance**
- Experience the “Still Small Voice” as a metaphor for intuitive wisdom and moral clarity.
 - Learn how silence and reflection can guide conscious choices in work and life.
- 4. Integrate Values, Virtues, and Purpose**
- Articulate personal core values and connect them to life and business goals.
 - Align daily actions with higher purpose through the *GAME Plan™* structure.
- 5. Design a Personal Declaration for Conscious Living**
- Craft a “Design Declaration” that embodies the participant’s unique contribution to the world.
 - Commit to a next step that bridges vision (heaven) with execution (earth).
- 6. Embed Holistic Wealth Principles into Practice**
- Translate inner awareness into outer service — shifting from product intermediation to empowerment facilitation.
 - Strengthen client relationships through authenticity, structural trust, and values alignment.

Who This Masterclass Is For

This Masterclass is crafted for professionals and seekers who integrate **planning, purpose, and empowerment** in their work — those moving beyond transactional advice toward transformational service.

- **Professional Life Planners**
Running or building their own practices, ready to integrate consciousness and creativity into client work.
- **Coaches and Mentors**
Supporting individuals through life transitions, career shifts, or financial decisions who want deeper frameworks for meaning and direction.
- **Empowerment-Focused Practitioners**
Seeking **alternatives to product-driven advice** — desiring to guide clients from dependence to self-sovereignty using ethical, life-centred models.

- **Members and Allies of the Academy of Life Planning (AoLP)**

Who wish to **embed the principles of self-sovereignty, authenticity, and structural trust** into their professional and personal development.

 **In essence:**

The Divine Designer is not just a Masterclass — it's a mirror.

It helps practitioners see how the journey they facilitate for others begins within themselves — moving from the noise of the world to the stillness of truth.

The Divine Designer: Peeling Back the Veil to Your True Self

Duration: 2 hours | **Format:** Live Online (Zoom)

Facilitator: Steve Conley | Academy of Life Planning

Workshop Overview

A secular ascent of the Tree of Life as a map of human consciousness and personal evolution. Participants learn to lift two veils—the illusions of ego and separation—reconnecting mind, heart, and purpose.

Outcome: clarity of values, authentic direction, and a personal “Design Declaration.”

Part 1 – Opening & Orientation (0:00 – 0:20)

Theme: Setting the Intention – *Who designs your life?*

- **Welcome & framing (5 min):** GAME Plan as the bridge from ego-led to soul-aligned living.
 - **Guided Reflection (10 min):** “Who am I when no one is watching?”
 - **Overview (5 min):** The Tree of Life as map of consciousness — from survival (Malkuth) to unity (Kether).
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Part 2 – The First Veil: The Illusion of Ego (0:20 – 0:50)

Theme: Moving from External Identity to Inner Awareness

- **Teaching (10 min):** Lower Tree (Malkuth–Yesod–Hod–Netzach); the Veil of Paroketh and ego illusion.
 - **Exercise (15 min):** *Ego Map Reflection* – roles, titles, possessions; which feel imposed or outdated?
 - **Group Discussion (5 min):** What happens when the “false self” dissolves?
 - **Mini Meditation (5 min):** Meet the inner observer beneath identity.
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Part 3 – The Second Veil: Discovering Values and Purpose (0:50 – 1:15)

Theme: Aligning the Inner Compass

- **Teaching (10 min):** Middle Tree (Tiphereth–Geburah–Chesed); Veil of the Abyss—transition from control to surrender.
- **Exercise (15 min):** *Values & Virtues Mapping* – “What do I stand for?” “What impact do I want to make?”
- **Breakout Discussion (10 min):** How do values become your compass when ego fades?

- **Integration Activity (10 min):** Draw your own Tree of Life bridging ego (lower) and purpose (higher).
-

NEW INTERLUDE – Crossing the Abyss: Elijah and the Still Small Voice (1:15 – 1:25)

Theme: From Fire to Silence – Listening Beyond the Noise

Teaching (5 min):

- Retell the *Elijah at Mount Horeb* story as universal metaphor.
 - Wind = mental turbulence
 - Earthquake = emotional upheaval
 - Fire = passionate striving
 - “Still Small Voice” = intuition and truth emerging in silence

Reflection Exercise (5 min): *Listening Beyond the Noise*

- Guided visualisation: imagine wind, quake, fire — then stillness.
- Prompt: “My still small voice is guiding me to ...”

Outcome: Participants experience inner guidance as bridge across the Abyss.

Part 4 – The Crown: Living as the Designer (1:25 – 1:50)

Theme: Co-Creating Your Life with Awareness

- **Teaching (10 min):** Upper Tree (Binah–Chokmah–Kether); design as conscious co-creation.
 - **Exercise (10 min):** *The Design Declaration* – “I am the designer of my life... My purpose is ...”
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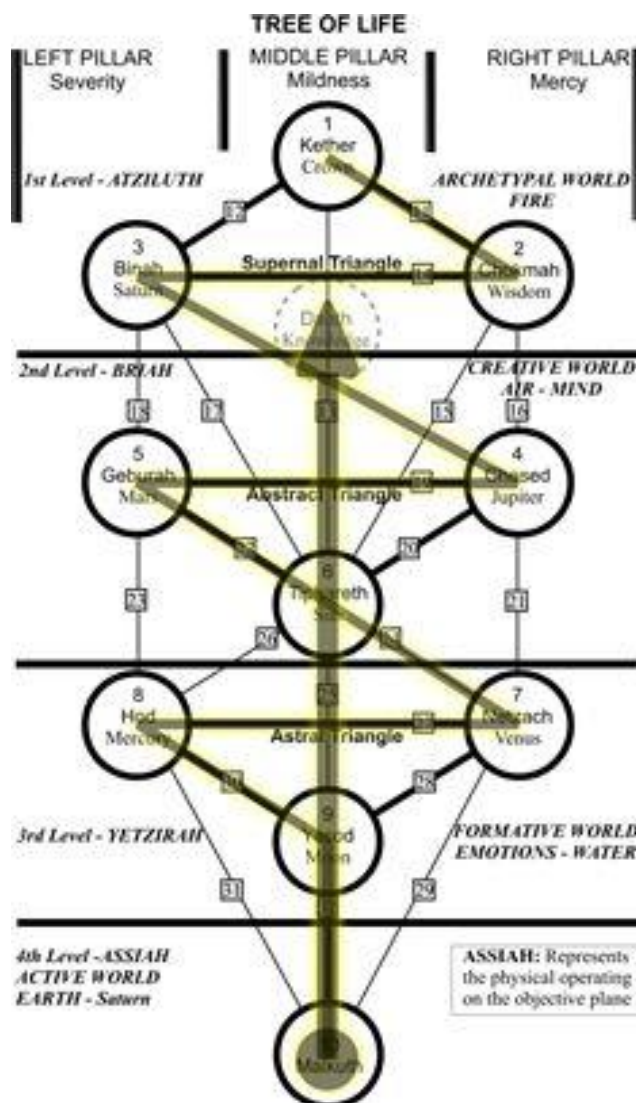
Part 5 – Integration & Closing (1:50 – 2:00)

Theme: Bringing Heaven to Earth – Living the Design

- **Reflection (5 min):** One key insight or change to implement.
 - **Closing (5 min):** Invitation to continue through GAME Plan Mastery or peer mentorship.
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🚫 Conceptual Summary

Stage	Tree of Life Focus	Theme	Outcome
1 – Grounding	Malkuth → Yesod	Awareness of ego identity	Inner observer awakened
2 – First Veil	Hod → Netzach	Dissolving illusion	Detachment from false self
3 – Second Veil	Tiphereth → Chesed/Geburah	Integrating heart and values	Authentic purpose discovered
Interlude – Elijah	Passage through Abyss	From fire to silence	Inner guidance awakened
4 – Crown	Binah → Chokmah → Kether	Living as divine co-creator	Conscious alignment with higher will



Part 1 – Opening & Orientation (0:00 – 0:20)

Theme: *Setting the Intention* – “Who designs your life?”

This opening segment sets the energetic and conceptual foundation for the Masterclass.

Participants are invited to arrive fully — body, mind, and spirit — and to recognise that this is not a lecture but a *journey of remembrance*.

We establish psychological safety, introduce the *GAME Plan™* as our guiding framework, and orient everyone to the Tree of Life as a universal map of human development.

1 Welcome & Framing (5 minutes)

Purpose: Establish presence, connection, and shared understanding.

Facilitator cues:


- Welcome participants warmly and acknowledge their commitment to personal growth and professional integrity.
- Briefly introduce yourself and the Academy’s ethos — replacing extraction with empowerment.
- Invite participants to consider that *they are both the planner and the plan* — designers of their own life architecture.

Teaching points:

- The **GAME Plan™** is the bridge between the outer world of doing and the inner world of being.
 - **G = Goals** – What does my soul seek to express?
 - **A = Actions** – How do I act with alignment and discipline?
 - **M = Means** – What inner and outer resources support me?
 - **E = Execution** – How do I embody my purpose in daily life?
- This session begins the *inner* planning process — from ego-led striving to soul-aligned design.
- Set the intention:

“Today, we explore what happens when life is designed from consciousness rather than circumstance.”

Workbook prompt:

 Write one sentence describing what brings you here today. What aspect of your life or work feels ready for redesign?

2 Guided Reflection (10 minutes)

Theme: “*Who am I when no one is watching?*”

Purpose: Quiet the intellect, awaken presence, and help participants meet their *inner observer* — the self beyond role, title, or achievement.

Facilitator flow:

1. Invite participants to close their eyes or soften their gaze.
2. Lead a brief grounding breath — in through the nose, out through the mouth.
3. Read slowly:

“Imagine removing every label — job, qualification, responsibility.

Who remains when there is nothing left to prove?

What qualities feel most *true* when all performance falls away?”

4. Allow a minute of silence after each question.

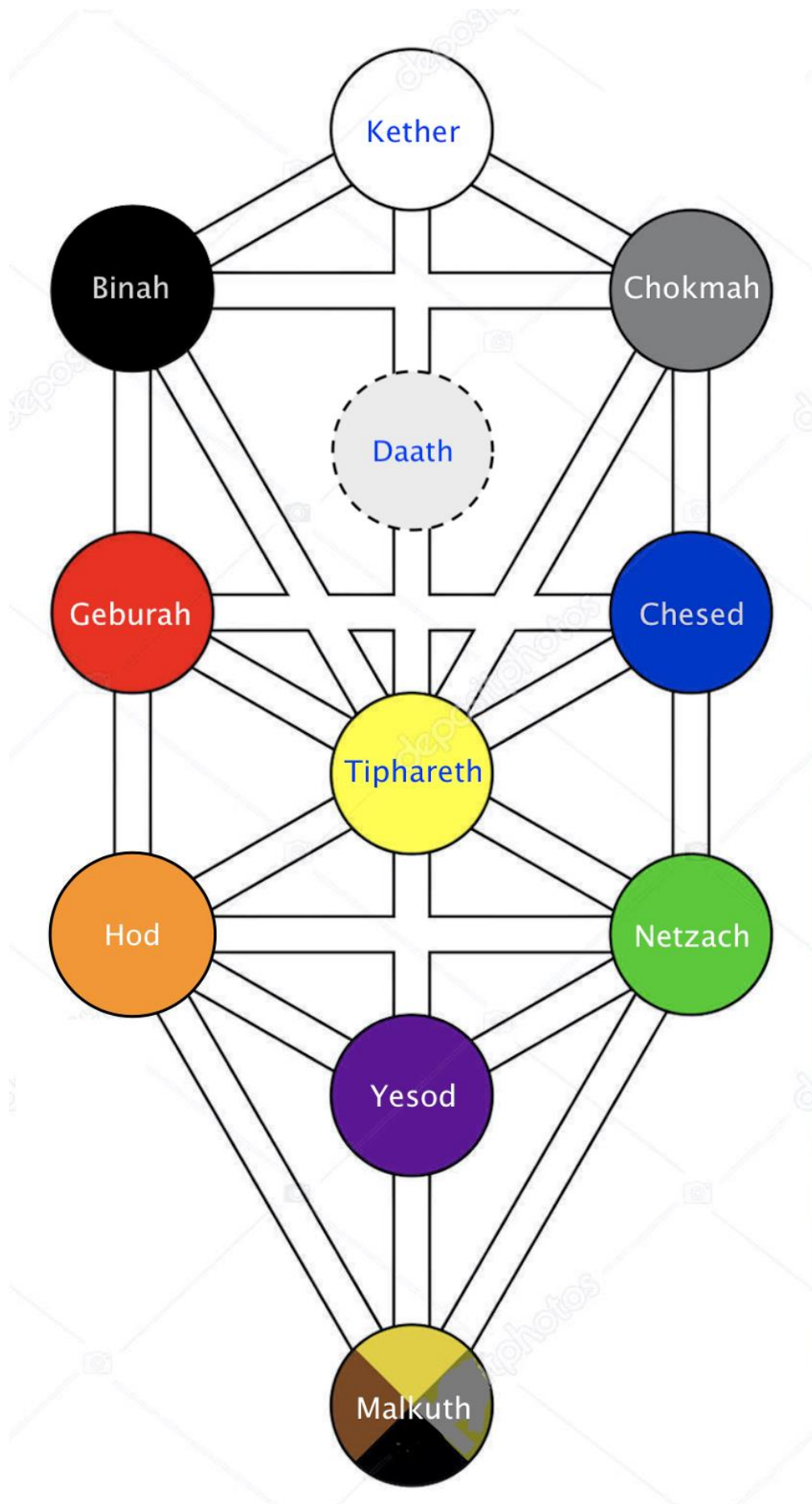
Integration prompt (in workbook):

 Complete the following statements:

- “When I am alone, the qualities that define me are ...”
- “The part of me that rarely gets seen in my professional life is ...”
- “If my life were designed by that true self, it would feel ...”

Transition line:

“The self you just met — quiet, observing, unchanging — is the one who will journey with you up the Tree of Life today.”



3 Overview (5 minutes)

Theme: *The Tree of Life as a Map of Consciousness – from Survival (Malkuth) to Unity (Kether)*

Purpose: Introduce a simple, secular model that participants can hold throughout the session.

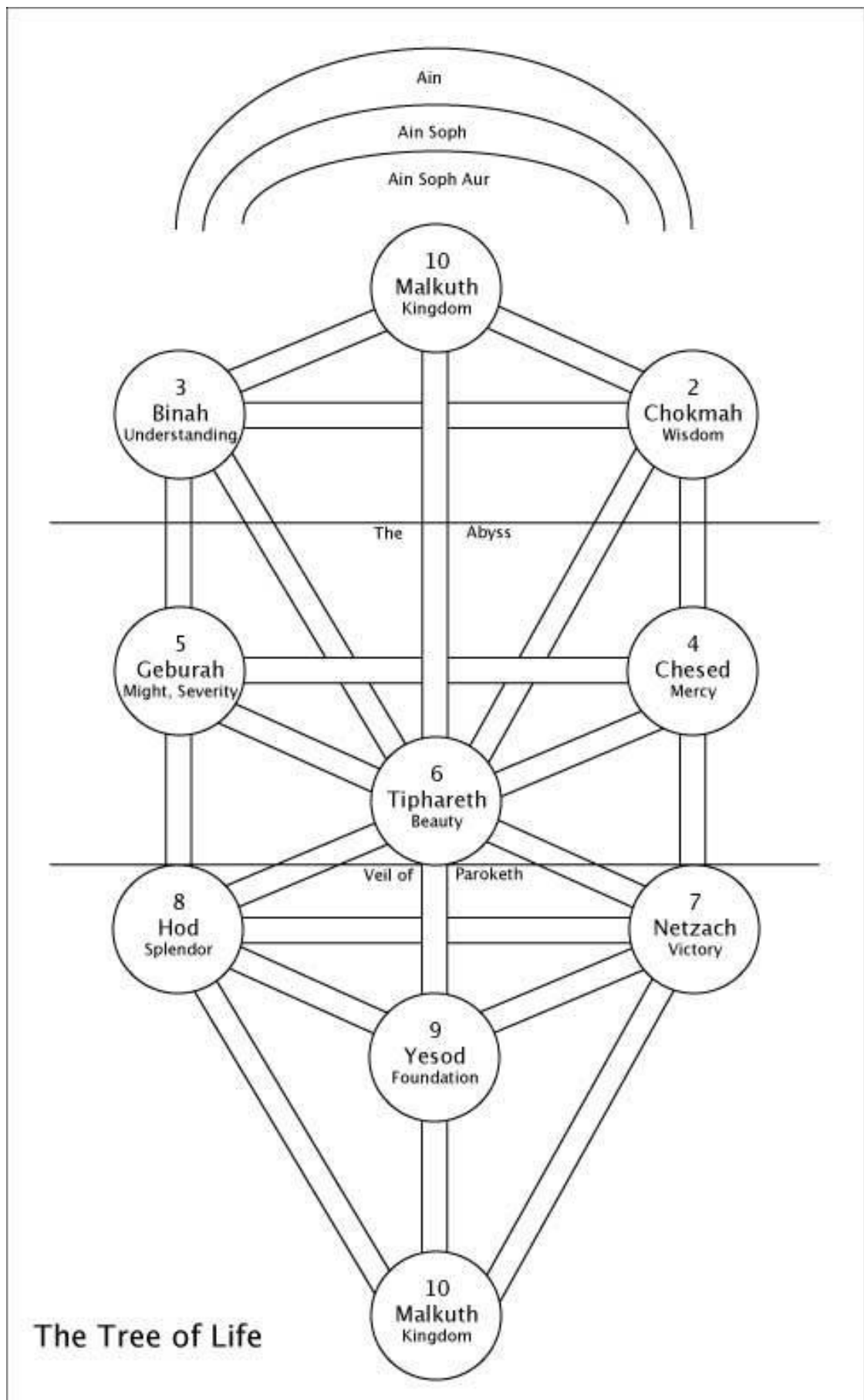
Facilitator overview:

- Present the **Tree of Life diagram** (ten spheres / sephiroth connected by pathways).
- Explain it as a **symbolic anatomy of the psyche**, not a religious system — each sphere representing a dimension of human experience.
- Describe the *ascent* as a metaphor for self-realisation:
 - **Malkuth – Ground:** Physical life, survival, work, and security.
 - **Yesod – Foundation:** Emotions, imagination, and subconscious drives.
 - **Hod – Mind:** Logic, analysis, self-concept.
 - **Netzach – Heart’s Desire:** Passion, creativity, and drive.
 - **Tiphereth – Integration:** Authentic self; harmony of heart and purpose.
 - **Chesed & Geburah – Balance:** Compassion and discipline in action.
 - **Daath** is the **threshold of transformation** — the experiential leap from knowledge to wisdom, from divided self to integrated self.
 - **Binah & Chokmah – Wisdom:** Understanding and intuitive insight.
 - **Kether – Crown:** Unity, wholeness, and conscious creation.
- Introduce the **Two Veils**:
 - **Paroketh:** separates the outer personality from the inner self (ego illusion).
 - **Abyss:** separates intellect from intuitive knowing (control → surrender).

Workbook visual: simplified Tree of Life diagram with space for notes.

Closing reflection:

“As we journey upward, we’ll lift two veils — illusions that keep us striving outside ourselves — and uncover the calm, creative intelligence that’s always been within.”



Describe the Ascent as a Metaphor for Self-Realisation

The **Tree of Life** maps the inner ascent of human consciousness — the journey from material awareness to unity with source.

Each sphere (Sephirah) represents a stage in our psychological and spiritual evolution.

Malkuth – The Ground

Physical life, survival, work, and security.

Where consciousness is fully immersed in the material world.

We learn stewardship of body, health, and resources — the art of living in form.

Yesod – The Foundation

Emotions, imagination, and subconscious drives.

Here we encounter the dream world, memory, and instinct.

Yesod is the gateway between inner and outer reality — the realm of personal myths and conditioning.

Hod – The Mind

Logic, analysis, and self-concept.

The rational intellect begins to order experience.

At this stage, we seek meaning through understanding, language, and structure.

Netzach – The Heart's Desire

Passion, creativity, and drive.

Netzach embodies emotion in motion — the energy of love, beauty, and motivation.

Together, Hod and Netzach form the polarity of thought and feeling, reason and inspiration.

Tiphereth – The Integration Point

Authentic self; harmony of heart and purpose.

Here the lower self and higher self meet.

The “observer” awakens — we recognise the still centre behind thought and emotion.

This is the place of the *still small voice* and the birth of conscious alignment.

Daath – The Abyss / Knowledge

The invisible bridge between understanding and wisdom.

Daath (pronounced *Da'ath*) is not a formal Sephirah but a **gateway of realisation** — the point where *knowing about* becomes *knowing through experience*.

- **Location:** Between the upper and lower Trees, just below Kether, bridging Binah (Understanding) and Chokmah (Wisdom).
- **Meaning:** The veil of separation — sometimes called *the Abyss* — must be crossed here.
- **Function:** It represents the collapse of duality: knowledge transforms into direct insight. Intellect surrenders to intuition; control gives way to trust.
- **In practice:** This is the “dark night” or awakening crisis where the old mental map dissolves.
It’s the moment when self-awareness becomes self-realisation — when consciousness perceives itself as one with creation.
- **Symbolic link:** In your *Divine Designer* workshop, this is where the Elijah story sits — the movement from outer fire to inner silence.

“Daath is not learned; it is revealed. It is the light of understanding illuminated by the heart.”

Chesed & Geburah – The Pillars of Balance

Compassion and discipline in action.

Chesed (Mercy) expands; Geburah (Strength) contracts.

Together they sustain ethical alignment — love with boundaries, will with wisdom.

Binah & Chokmah – The Eyes of Wisdom

Understanding and intuitive insight.

Binah (Understanding) gives structure, form, and discernment.

Chokmah (Wisdom) is pure creative impulse — the spark before thought.

When balanced, they generate true insight — wisdom informed by compassion.

Kether – The Crown

Unity, wholeness, and conscious creation.

The summit of awareness — the realisation that the designer and the design are one.

Here, purpose, will, and love converge in silence.

This is the point where form returns to formlessness — the threshold to Ain Soph Aur, the Limitless Light.

Summary

Daath is the **threshold of transformation** — the experiential leap from knowledge to wisdom, from divided self to integrated self.

It’s where the intellect bows to insight, where the finite mind touches infinity, and where the *Divine Designer* within begins to create consciously.

🔔 “Who Owns the Tree?” (≈1 minute)

“That’s a really important question — and one I’ve heard many times.

Some faith traditions say the Tree of Life should be reserved for the highly ordained. I understand that. The intention was often to protect people from misunderstanding deep symbols.

But here’s the truth: the Tree isn’t a secret code that belongs to a few — it’s a mirror of consciousness that lives in every one of us.

Every breath, every choice, every insight we have moves along that same pattern — from root to crown, from survival to unity.

When we explore the Tree together, we’re not ‘dabbling.’ We’re remembering. We’re learning to see what’s already within us.

So, with respect to tradition, this isn’t rebellion — it’s reverence. It’s reclaiming direct relationship with the Source of life itself, without fear or hierarchy — simply awareness, compassion, and truth.”

💬 A compassionate yet truthful answer

“The Tree of Life was never meant to be hidden — it was meant to be *lived*.

What some institutions have called ‘forbidden’ or ‘exclusive’ is, in truth, a map of the human soul.

Every one of us walks that Tree each day — in how we think, feel, act, and awaken.”

When a priest, rabbi, or scholar says “*Don’t dabble — it’s only for the ordained,*” they may be:

- **Protecting** people from potential misuse or misinterpretation of profound symbolic material; but also
- **Perpetuating** a hierarchy of access — where sacred understanding is mediated through a few, rather than awakened within all.

This pattern of **spiritual intermediation** mirrors what you call *financial intermediation*: a structure that **extracts authority, power, and meaning from the individual**, and places it in the hands of institutional interpreters.

🌳 The truth about the Tree

The Tree of Life — whether read through Kabbalah, Hermeticism, or Jungian psychology — is a **universal model of human consciousness**, not a proprietary system.

It belongs to no one tradition, though it has been held and guarded by many.

It symbolises the **path from ignorance to awareness, from separation to unity, and from dependence to sovereignty**.

In that sense, it’s not dangerous — it’s *liberating*.

The danger, historically, lay in the idea that ordinary people might discover they didn't need an intermediary to reach the divine.

That same fear drove:

- the Church's ban on vernacular scripture translation,
- the persecution of mystics and Gnostics,
- and later, the financial system's suppression of self-determination through "advice monopolies."

Each is an echo of the same story: **control through withholding.**

From forbidden to freely given

In the Aquarian paradigm — which your work embodies — the veils are not walls, they are **thresholds.**

Knowledge once hidden for safety can now be shared responsibly, with humility and care, as a tool for integration and empowerment.

So when someone warns against "dabbling," you can say:

"I honour your caution — but my study is not dabbling. It's devotion to truth.

I'm not seeking to command mystical powers; I'm seeking to understand the design of life itself, to live with greater love and consciousness."

That reclaims sacred study as **practice**, not presumption.

A closing reflection you could share in the workshop

"The Tree of Life is not the property of priests or mystics — it is the architecture of being itself.

Every breath you take moves through its branches.

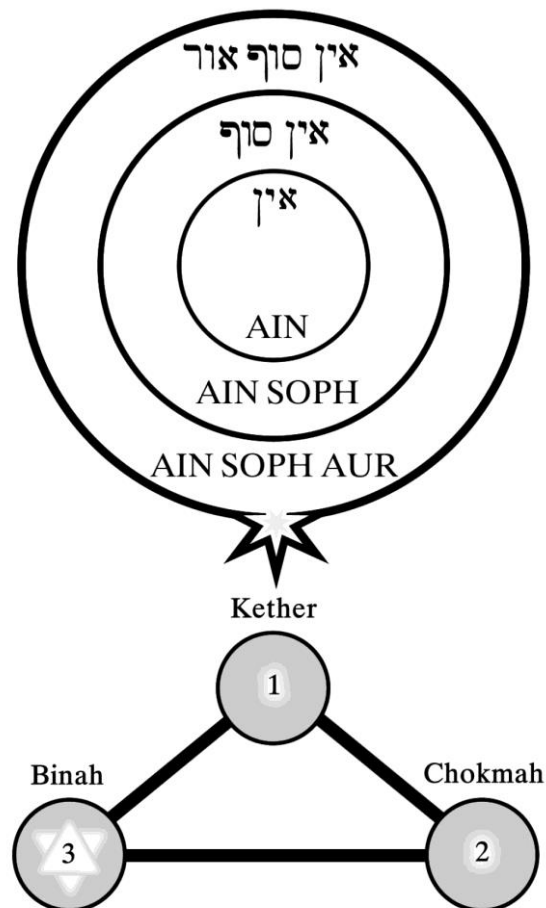
To study it with reverence is not rebellion — it's remembrance."

Ain, Ain Soph, and Ain Soph Aur

The **Ain, Ain Soph, and Ain Soph Aur** are the **three veils of negative existence** — the mystery *before* the Tree of Life begins.

They represent what lies *beyond Kether*, beyond form, beyond even being.

Understanding them—at least symbolically—completes the picture of your Divine Designer framework, because they describe the source field from which all design emanates.



1. Ain (אין) – The Nothing

Translation: “Nothing,” “No-thingness,” or “Non-existence.”

- **Meaning:** Ain is pure *negation* — not emptiness in a nihilistic sense, but the absence of limitation.
It is the boundless potential before existence differentiates itself.
- **Symbolically:** It’s the **silence before the first word**, the stillness before vibration.
- **Psychologically:** The experience of total surrender — the ego’s dissolution into the void.
In meditative terms, it’s the “no-self” state from which awareness arises.
- **In the Tree of Life:** Ain stands *behind and above* the Tree — the first veil of negative existence.

“Before there was a beginning, there was Ain — that which is not, yet is the ground of all that is.”

2. Ain Soph (אין סוף) – *The Limitless*

Translation: “Without end,” “Infinite.”

- **Meaning:** From the pure nothingness of Ain emerges **limitless being** — the Infinite. Ain Soph is the **boundless continuum of divine potential**, infinite in every direction.
 - **Symbolically:** The **unbounded ocean** of consciousness — still undifferentiated, yet overflowing with creative power.
 - **Psychologically:** Awareness expanding beyond self-concept; the intuition of infinite possibility.
It’s the stage where the soul begins to feel unity with all that exists.
 - **In relation to design:** This is where the “Divine Designer” still holds all blueprints in potential — before any specific creation takes form.
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3. Ain Soph Aur (אין סוף אור) – *The Limitless Light*

Translation: “Infinite Light.”

- **Meaning:** From the Infinite arises **Light** — the first expression, the radiant overflow of divine potential.
This is the first movement toward manifestation, the dawning of creation.
 - **Symbolically:** The **Big Bang of consciousness** — the outpouring of awareness that will eventually crystallise into the ten Sephiroth (spheres of the Tree of Life).
 - **Psychologically:** Illumination — the moment insight breaks through the void.
The experience of inner light in meditation or inspiration mirrors this stage.
 - **In your workshop language:** Ain Soph Aur corresponds to the **Creative Spark (Chokmah)** before differentiation into structure (Binah).
It is the “Let there be light” moment — the first act of conscious design.
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🔮 The Descent from Infinity to Form

You can picture these as *three veils descending into existence*:

Level	Hebrew	Translation	Symbolic Function	Psychological Analogue
1	Ain	The Nothing	Absolute void, beyond being	Ego dissolution, pure awareness
2	Ain Soph	The Limitless	Infinite potential, unity	Boundless consciousness
3	Ain Soph Aur	The Limitless Light	Emanation of creative energy	Insight, illumination

From Ain Soph Aur arises the **first Sephirah, Kether (The Crown)** — the point of pure being — which then cascades down the Tree into all levels of creation.

🌈 How It Relates to The Divine Designer

In *The Divine Designer* framework, these veils correspond to the **pre-manifestation state** of the design process — what you call “*the space before Goals*.”

- **Ain** – The *void* where all possibilities exist. (The pause before intention.)
- **Ain Soph** – The *limitless potential* of the designer’s imagination. (The unbounded field of purpose.)
- **Ain Soph Aur** – The *first light of clarity* — the vision or calling that emerges before planning begins.

So before the *GAME Plan™* starts with **G – Goals**, there is this silent triad — the realm of pure inspiration.

In your secular language:

“Before every design there is stillness, before every plan there is vision, and before every thought there is light.”

🌟 A contemplative way to share it in your workshop

“If the Tree of Life is the design, then Ain, Ain Soph, and Ain Soph Aur are the Designer’s silence

the space where the blueprint is held before it takes form.

We touch that space whenever we pause, listen, and allow the still small voice to speak.”

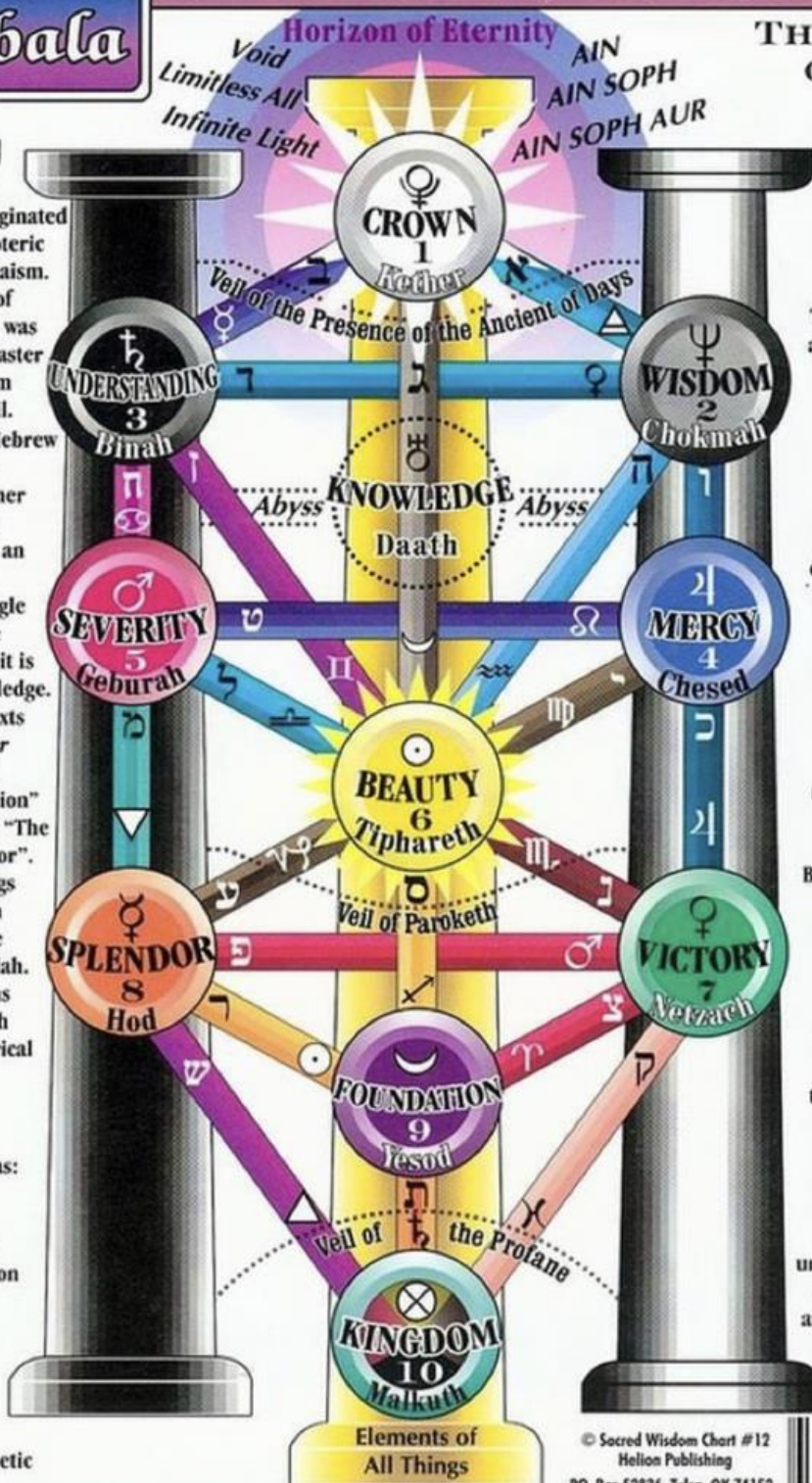
Kabala

קבלה

The Kabala originated as an inner esoteric teaching of Judaism. It is a method of teaching which was passed from Master to disciple, from teacher to pupil.

Kabala is the Hebrew word meaning "to receive" inner wisdom; "from mouth to ear", an oral tradition. There is no single book called the Kabala, rather it is a body of knowledge. Two primary texts are: *The Sepher Yetzirah* "The Book of Formation" and *The Zohar* "The Book of Splendor". Various spellings can be found in referring to the Kabala / Kaballah. These variations correspond with different historical periods and traditions.

ק Can be transliterated as:
K, C, or Q.
KABALA / KABBALAH:
Jewish Tradition
CABALA:
Renaissance
Christian Tradition
QABALA / QABALAH:
Western Hermetic Tradition



THE TREE OF LIFE עץ חיים Otz Chiim

The term "Tree of Life" was popularized during the Middle Ages. The ten Sephiroth are "emanations," or "spheres".

Each circle, Sephirah = a vessel, and represents an energy. Energies across from each other balance one another. Severity without Mercy is cruelty. Mercy without Severity is weakness.

The Tree of Life is a visual representation of the path of return to God. By ascending from bottom to top in reverse order (10 back to 1) through the Sephiroth; or by a more direct path through the middle pillar. The Tree of Life can be used as a template for a multitude of systems that give understanding and thus allow one to arrange and order life in the manner of a filing cabinet.

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Introducing the Veil of the Profane

(2–3 minutes total)

Slide visual (optional):

A glowing horizontal veil between *Malkuth (The Ground)* and *Yesod (The Foundation)*.

Caption: *The Veil of the Profane – From Unconscious Living to Conscious Design.*

Spoken Introduction

“Before we reach the first veil of ego — there’s another, quieter threshold we all cross, often without realising it.

It’s called **the Veil of the Profane**.

The word *profane* doesn’t mean evil or impure. It simply means *outside the temple* — outside the space of awareness.

On one side of this veil, life is automatic. We act out habits, meet expectations, chase the next goal.

The world designs our life for us.

Then something shifts. We start to ask deeper questions:

‘Who designs my life?’

‘What if I could live from the inside out?’

That moment of awareness — that’s the crossing of the Veil of the Profane.

It’s not about religion; it’s about *attention*.

You cross it the moment you stop reacting and start reflecting.

You cross it when you pause long enough to notice the designer within you.”

(Pause gently — let it land.)

Facilitator Cue for Reflection (30 seconds)

Invite a short journaling or silent reflection:

“Take a breath.

Think of a time when you realised you didn’t have to follow the script you were given — when you stepped out of expectation and into authenticity.

That was your first crossing — your first act of design.”

(Allow 20–30 seconds of quiet.)

The Veil of the Profane

The **Veil of the Profane** is a profound and often misunderstood concept in esoteric philosophy, one that aligns beautifully with your framework of *moving from extraction to empowerment*.

It's not traditionally one of the *Kabbalistic veils* (like Paroketh or the Abyss), but rather a **psychological and initiatory boundary** described in mystery traditions and later occult commentaries on the Tree of Life. It represents the **first threshold of awareness** — the boundary between **ordinary consciousness (the outer world)** and **intentional self-development (the inner journey)**.

Let's unpack it in that context — symbolically, spiritually, and psychologically — and then map it to your *Divine Designer* and *GAME Plan™* frameworks.



1. Definition and Origin

The **Veil of the Profane** marks the line between the **unawakened life** and the **initiated path**.

- “*Profane*” (from Latin *pro fanum*, meaning “before the temple”) literally means **outside the sacred space**.
- Crossing the veil symbolises **stepping inside the temple of consciousness** — not a physical temple, but the inner sanctuary of self-awareness.

It is the **first veil** encountered on the Tree of Life, separating the world of **Malkuth (The Kingdom)** — the dense, material plane — from **Yesod (The Foundation)** — the world of dreams, emotion, and imagination.



2. Symbolic Meaning

◆ The Profane Side (Before the Veil)

- Life lived on autopilot, dominated by external systems — societal expectations, consumerism, status, fear, and conformity.
- The *ego-persona* identifies entirely with material success and physical survival.
- Reality is experienced as something happening to us, not *through* us.

◆ The Inner Side (After the Veil)

- Awareness that there is *more* — an inner world that shapes the outer.
 - A first glimpse of *soul consciousness* — imagination, intuition, and meaning.
 - This is where the spiritual or psychological journey begins; where curiosity awakens and the seeker starts to design consciously.
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3. In the Esoteric Tradition

Writers like Dion Fortune, Gareth Knight, and Israel Regardie describe the Veil of the Profane as the **boundary between the material and astral worlds** — between *the man in the street* and *the man who seeks*.

In ritual magic or initiation, it's the moment of **threshold entry** — the symbolic act of leaving the ordinary world and entering sacred space.

Crossing this veil doesn't require mystical power — only **intention** and **self-observation**.

"The profane looks at symbols and sees decoration.
The initiate looks at symbols and sees themselves."

4. Psychological Interpretation

In secular terms, the Veil of the Profane represents the **shift from unconscious living to conscious choice**.

It's the moment you realise:

- You've been following scripts written by others.
- You can author your own.
- Reality responds to awareness.

This awakening can be subtle or dramatic — a midlife crisis, burnout, loss, or sudden inspiration can all serve as catalysts.

Once crossed, life can never again be lived in ignorance — because you've seen that **you are both the observer and the observed**.

5. The Veil of the Profane in the Tree of Life

Below the Veil

Above the Veil

Malkuth — *The World of Form* Yesod — *The World of Reflection*

Literal, material thinking

Symbolic, imaginative awareness

"I have." "I do."

"I feel." "I sense."

External control, fear, habit

Inner reflection, curiosity, creativity

Life as competition

Life as creation

The veil is crossed not by faith, but by self-awareness.

You pass through when you stop reacting and start reflecting.

🌟 6. Integrating the Veil of the Profane into *The Divine Designer*

In your workshop, Steve, this veil could represent the **moment participants move from unconscious living to conscious design**.

It precedes the **Veil of Paroketh**, so your model could unfold as:

Veil	Symbolic Function	Workshop Parallel
Veil of the Profane	From unconscious to conscious living	<i>Part 1: Opening & Orientation — “Who designs your life?”</i>
Veil of Paroketh	From external identity to inner self	<i>Part 2: The Illusion of Ego</i>
Veil of the Abyss / Daath	From intellect to intuition	<i>Part 3: Discovering Values & Purpose</i>
Veil of Negative Existence (Ain/Ain Soph)	From unity to pure consciousness	<i>Part 4: The Crown</i>

This sequence shows a natural progression: from *worldly awareness* → *self-awareness* → *soul awareness* → *unity awareness*.

🔮 7. How to Describe It to Participants

“The first veil we meet on the Tree of Life is called the *Veil of the Profane*.

It doesn’t mean wicked — it means *unaware*.

Before we cross it, we live by the world’s design. After we cross it, we start living by our own.

In this workshop, crossing that veil simply means pausing long enough to see:

I am not my environment. I am the designer of my experience.”

💡 8. In the Language of the GAME Plan™

- **Before the Veil:** Goals are externally imposed — “success,” “security,” “status.”
 - **After the Veil:** Goals become internally guided — “meaning,” “authenticity,” “service.”
 - The transition is from **extrinsic motivation** to **intrinsic purpose**.
-

🕒 Summary Insight

The **Veil of the Profane** is not a line between “holy” and “unholy.”

It’s the moment a person moves from **sleepwalking** to **self-awareness**.

From “I am what the world made me,” to “I am what I choose to become.”

It’s the first act of design — and the first taste of liberation.

🔗 Spoken Transition into Part 2 – The First Veil (Ego)

“Now that we’ve stepped across the threshold of awareness, we meet the next barrier — **the Veil of Paroketh** — the illusion of ego itself.

If the Veil of the Profane is about waking up, the Veil of Paroketh is about *looking inward* to see what’s been running the show.

This next part of our journey explores the stories, roles, and identities that once kept us safe — but now keep us small.

Ready to look beneath the mask?”

(Smile, breathe, and move into the ‘Ego Map Reflection’ segment.)

🌐 Part 2 – The First Veil: The Illusion of Ego (0:20 – 0:50)

Theme: *Moving from External Identity to Inner Awareness*

This part explores how we build — and can begin to release — our *false self*: the collection of roles, titles, and attachments we mistake for identity.

By understanding the **lower spheres of the Tree of Life** (Malkuth to Netzach) and the **Veil of Paroketh**, participants begin to see how social conditioning, fear, and habit veil the authentic self.

1 Teaching (10 minutes)

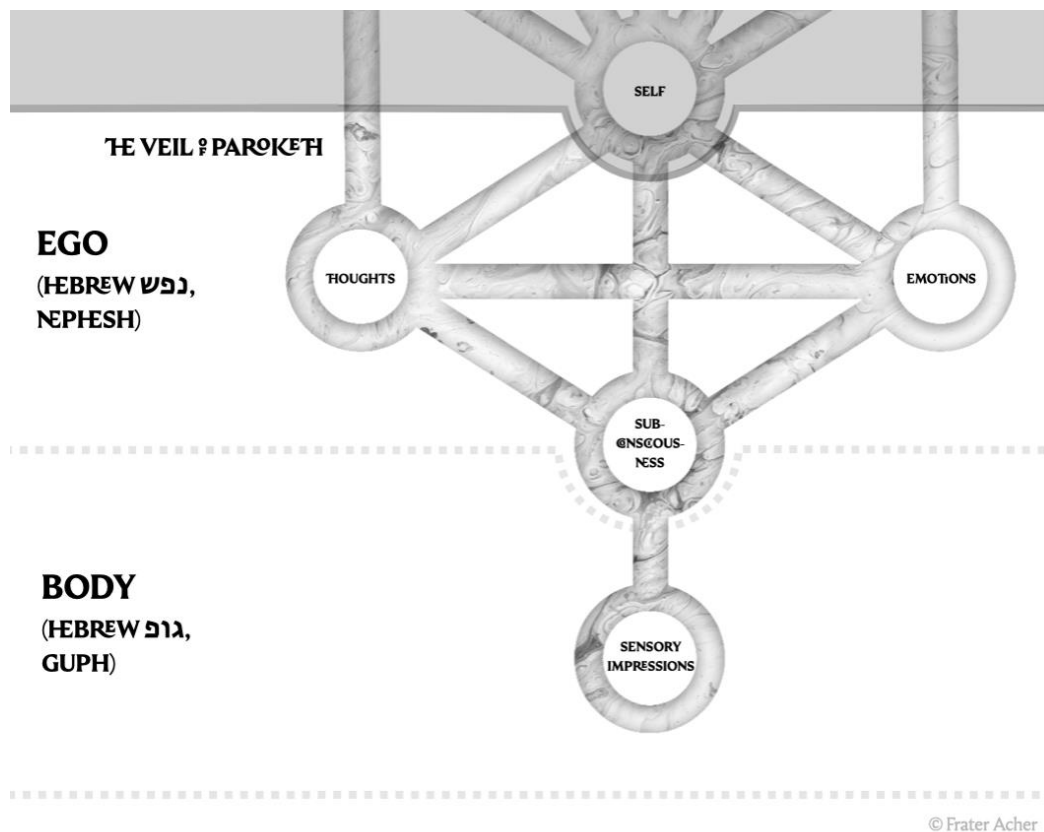
Focus: *The Lower Tree and the Veil of Paroketh*

Facilitator narrative:

- The **Lower Tree** (Malkuth, Yesod, Hod, Netzach) represents the **outer self** — the personality built to survive, succeed, and belong.
 - This is the realm of ego — not as an enemy, but as a *necessary interface* between the soul and the world.
It helps us navigate society, yet it can trap us in performance and comparison.
 - Above it lies the **Veil of Paroketh**, the threshold between *who we think we are* and *who we truly are*.
Crossing it requires courage — the willingness to see through illusion.
-

The Four Lower Sephiroth:

Sephirah	Aspect of Being	Human Experience	Shadow When Unbalanced
Malkuth – The Ground	Physical world	Work, body, possessions, survival	Over-identification with status and material success
Yesod – The Foundation	Emotional and imaginative self	Memories, habits, subconscious patterns	Living through inherited stories, people-pleasing
Hod – The Mind	Rational thought and self-concept	Identity, language, planning	Over-analysis, control, overthinking
Netzach – The Heart's Desire	Passion and creativity	Emotion, attraction, drive	Emotional dependency, chasing validation



Teaching point:

“These four energies build the architecture of the ego.
 They are not wrong — they are simply incomplete until illuminated by awareness.
 The Veil of Paroketh is where we pause, look inward, and ask: *Who am I beneath all this?*”

Workbook diagram: A simplified lower Tree diagram (Malkuth–Yesod–Hod–Netzach) with an upward arrow labelled ‘*Through Paroketh: From Persona to Presence*’.

2 Exercise (15 minutes) — Ego Map Reflection

Purpose: To identify what constructs our outer identity and discern what no longer serves.

Facilitator flow:

1. Invite participants to list key **roles, titles, achievements, possessions, or labels** that currently define them (e.g., parent, planner, partner, director, homeowner, survivor, etc.).
2. Ask them to place a ✓ beside the ones that feel *authentic and energising* and a X beside those that feel *imposed, outdated, or performative*.
3. Encourage noticing — not judging — the list.

Workbook structure:

✍ *Prompt 1:* “List the identities or achievements that define how you present yourself.”

✍ *Prompt 2:* “Which of these are expressions of your essence — and which are masks you’ve worn to feel safe or accepted?”

✍ *Prompt 3:* “What might your life look like if you released even one mask?”

Facilitator reflection line:

“This is not about rejecting your roles, but remembering that *you are not the roles themselves*. You are the awareness experiencing them.”

3 Group Discussion (5 minutes)

Theme: *What happens when the “false self” dissolves?*

Invite open dialogue or use breakout rooms. Encourage curiosity over confession.

Prompt questions:

- “What do you notice when you imagine letting go of one of your public identities?”
- “What remains constant when your roles change?”
- “How does it feel to meet yourself beyond the mask?”

Key takeaway for facilitator to draw out:

When the “false self” dissolves, what remains is not emptiness — it’s *presence*.
The quiet observer behind every identity begins to emerge.

That presence is the seed of the *True Self* — the one that crosses the veil.

4 Mini Meditation (5 minutes) — Meeting the Inner Observer

Purpose: To stabilise awareness beyond the ego narrative.

Guided meditation script:

“Close your eyes and take a slow, deep breath.

Imagine each label, each title, each story you’ve carried appearing before you as small cards.
One by one, let them gently fall to the floor.

What remains?

Notice the awareness that observes — silent, steady, unchanging.

This is the part of you that has watched every phase of your life without judgement.
It has nothing to prove. It simply *is*.

Rest here for a few moments — in the calm of your true self.”

Integration prompt (in workbook):

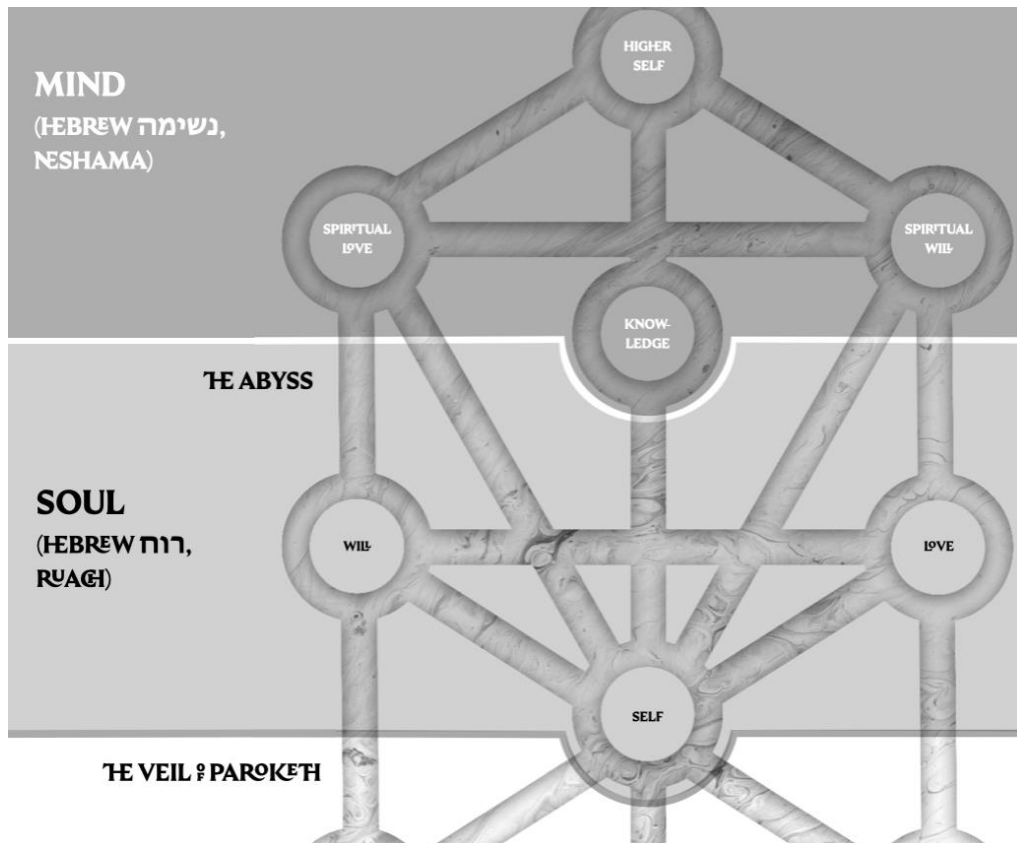
✍ Write a few words or draw a symbol that represents your “inner observer.”

How does it feel to know that this presence has always been there, beneath every role?

✿ Facilitator transition to Part 3

“When we begin to see the stories that shape our outer identity, we loosen their grip. As the first veil lifts, the heart becomes free to ask a new question — not *Who am I supposed to be?* but *What do I stand for?*”

In our next part, we cross the second veil to discover the values and purpose that guide the soul’s design.”



💖 Part 3 – The Second Veil: Discovering Values and Purpose (0:50 – 1:15)

Theme: *Aligning the Inner Compass*

The Second Veil represents the passage from **intellectual control** to **intuitive trust** — from mind to heart, from “What should I do?” to “Who am I becoming?”

This is the crossing of the **Veil of the Abyss**, the point at which understanding gives way to wisdom.

It’s not a leap of faith, but a surrender to truth — the recognition that purpose isn’t something we *invent*, but something we *remember*.

1 Teaching (10 minutes)

Focus: *The Middle Tree — The Heart of the Human Experience*

Facilitator narrative:

- Having lifted the first veil of ego, we now move from self-awareness to **self-alignment**.
- The *Middle Tree* (Tiphereth, Geburah, and Chesed) represents the **soul's compass** — where love, integrity, and will converge.
- This is the seat of **moral and spiritual maturity** — where we stop trying to control outcomes and start to live by principle and presence.

The Three Central Sephiroth:

Sephirah	Aspect of Being	Human Experience	Balanced Expression
Tiphereth – Beauty / Integration	The heart and authentic self	Inner harmony, empathy, clarity	Alignment between purpose and action
Geburah – Strength / Discipline	Right action and responsibility	Boundaries, justice, discernment	Moral courage and integrity
Chesed – Mercy / Compassion	Expansion and generosity	Love, grace, service	Compassion guided by wisdom

Facilitator insight:

“These three together form the architecture of the Higher Self — the moral and creative intelligence that designs your life from the inside out.

When the heart (Tiphereth) is balanced by compassion (Chesed) and discipline (Geburah), life feels coherent.

You know who you are, what you stand for, and what you’re here to contribute.”

The Veil of the Abyss (Daath)

- The **Abyss** is not a place of punishment — it's the space of unknowing we must cross to reach higher understanding.
- It sits between the *rational mind* and *intuitive wisdom*, often experienced as uncertainty, crisis, or the collapse of old beliefs.
- When we stop trying to control and begin to trust, we pass through Daath — *Knowledge transformed into Wisdom*.

“The Abyss dissolves not through effort, but through surrender.
It's the moment you stop asking for a map — and realise you are the compass.”

2 Exercise (15 minutes) – Values & Virtues Mapping

Purpose: To identify personal core values and align them with a sense of purpose.

Facilitator setup:

“Now that we've peeled away the external layers, it's time to ask:
What do I stand for? What truly matters? What impact do I want to make?”

Instructions:

1. In your workbook, list the values that matter most to you (examples: freedom, honesty, creativity, justice, love, growth, balance, beauty, courage).
2. Circle **five** that feel non-negotiable — the ones that define your highest self.
3. Next to each, write one sentence describing how that value shows up (or doesn't) in your life today.
4. Finally, underline any that feel *aspirational* — qualities you want to live into more fully.

Workbook prompts:

✍ “My five core values are...”

✍ “When I live by these values, I feel...”

✍ “When I ignore them, I feel...”

✍ “One small change I can make this week to embody these values is...”

Facilitator insight:

“Your values are your internal architecture — they stabilise your purpose.
When your outer actions align with your inner virtues, peace replaces pressure.”

3 Breakout Discussion (10 minutes)

Theme: *How do values become your compass when ego fades?*

Discussion prompts:

- “Which of your values feels most alive right now?”
- “Which one is hardest to live by — and why?”
- “How do you make decisions when no one is watching?”
- “How might your professional life change if your values, not your fears, led the way?”

Facilitator closing reflection:

“When ego leads, we pursue outcomes.

When values lead, we pursue alignment.

That’s the shift from control to surrender — from designing through willpower to designing through wisdom.”

4 Integration Activity (10 minutes) – Bridging Ego and Purpose

Purpose: To visualise the unification of lower (ego) and higher (purpose) aspects of self.

Instructions:

1. On a blank page, draw a simple Tree of Life diagram.
2. Label the lower spheres (Malkuth–Yesod–Hod–Netzach) as *Ego / Persona*.
3. Label the middle spheres (Tiphereth–Geburah–Chesed) as *Heart / Purpose*.
4. Above them, sketch the upper spheres (Binah–Chokmah–Kether) as *Wisdom / Unity*.
5. Between lower and middle spheres, draw a bridge labelled “**Values.**”

Reflection prompt:

✍️ “What values form my bridge from ego to purpose?”

✍️ “How can I use them as my compass when doubt or distraction arise?”

Facilitator insight:

“When you know your values, you can navigate uncertainty with grace.

They become your coordinates — not rules, but reminders of who you are when you’re most yourself.”

The Stewardship of Talents: Living as the Hands of the Divine Designer

You're touching the very heart of what the Tree of Life, the *GAME Plan™*, and the Lord's Prayer all seek to express: the union of **individual will and divine purpose** through the right use of one's *Talents*.

Let's explore this in four dimensions — theological, symbolic, psychological, and practical — and show exactly **how Talents integrate into your framework** as the bridge between *Divine Design* and *human service*.

✨ 1. Theological Dimension — Talents as Divine Gifts

In Christian scripture (Matthew 25:14–30), *talents* are portrayed as **entrusted gifts from God**, given not for personal glorification but for faithful stewardship.

They represent whatever capacities — spiritual, intellectual, emotional, material — we are given to multiply through service.

“Well done, good and faithful servant... You have been faithful over a few things; I will make you ruler over many.”

Here, *faithfulness* is not blind obedience, but **creative participation** in the unfolding of divine will.

Using our Talents consciously is the act of aligning *microcosm and macrocosm* — individual will with Divine Will.

In the Tree of Life language, this alignment occurs as **Tiphereth** (the true Self) harmonises **Chesed** (love/expansion) and **Geburah** (discipline/justice), channeling light from the higher triad into meaningful action on earth (*Malkuth*).

🌳 2. Symbolic Dimension — Talents as the Flow of Light Through the Tree

Think of the Tree as a circuit of divine energy — *Ain Soph Aur*, the Limitless Light, flows downward through ten spheres to become embodied as human capacity.

Our *Talents* are the **points where that divine current individualises** — where the infinite becomes personal.

Here's how they correspond:

Level of the Tree	Aspect of Talents	Meaning
Kether (Crown)	Divine inspiration	The source of all potential — the spark of God's idea expressed through you.
Chokmah (Wisdom)	Creative impulse	The intuitive vision of what could be — pure inspiration unbounded by logic.
Binah (Understanding)	Design and structure	The shaping of talent into form — discipline, method, study.

Chesed (Mercy)	Generosity and expansion	The impulse to share your gift freely — love expressed through abundance.
Geburah (Strength)	Integrity and discernment	The moral structure that keeps talent in service, not ego.
Tiphereth (Beauty)	Purpose and alignment	The heart-centre where personal will aligns with divine will — talent used for good.
Netzach (Victory)	Passion and devotion	The emotional energy that drives creative flow — the joy of doing what you're made for.
Hod (Glory)	Communication and mastery	The intellect that refines talent and shares it with clarity and precision.
Yesod (Foundation)	Imagination and embodiment	The subconscious power that visualises and sustains your work.
Malkuth (Kingdom)	Manifested service	The tangible expression — how your talent blesses the world.

Talents are the light of Kether flowing through the heart of Tiphereth and into the hands of Malkuth.

When you use them in service, you complete the circuit — returning glory to the Source.

♥ 3. Psychological Dimension — Talents as Channels of Self-Transcendence

In psychological terms, *talents* are **the natural modes through which your essence expresses itself**.

They are not egocentric abilities but **vehicles of vocation** — the tools by which the soul serves life.

- **Unawakened Talent:** used for validation, control, or accumulation (ego's expression).
- **Awakened Talent:** used for connection, healing, and contribution (soul's expression).

This is the *crossing of the Abyss* in your model — the moment one realises,

“My talent is not *mine* — it is *through* me.”

That recognition transforms work into worship, productivity into purpose.

4. Practical Integration — Talents in the GAME Plan™

GAME Phase	Role of Talents	Question to Reflect
G – Goals	Clarify your divinely inspired purpose.	“Which of my talents feel like sacred trusts — gifts I’m meant to develop?”
A – Actions	Apply talents through conscious discipline.	“How can I refine these gifts to serve others responsibly?”
M – Means	Channel talents through resources and collaboration.	“Who or what supports the best expression of my gift?”
E – Execution	Embody talents in real-world service.	“How can my daily actions glorify the Source that gave me these talents?”

So the *GAME Plan*™ becomes the **practical stewardship model** for the Parable of the Talents — a structure through which divine gifts are discovered, developed, and delivered for the benefit of all.

5. Spiritual Synthesis — Talents as the Bridge of Alignment

Divine Will Human Will Alignment Point

Infinite Intention Personal Purpose **Tiphereth — The Heart / The Designer Within**

When these align, your life becomes a creative collaboration with God.

You cease trying to “achieve” and begin to “participate.”

That’s the essence of what you teach: *planning life before planning money* — designing from the heart outward.

Closing Reflection for the Workbook

“Your talents are divine fingerprints left on your soul.

They are not for comparison or control, but for contribution.

When you use them with love, you become the hands of creation — turning divine intention into human good.”

Workbook Prompts:

 *What talent feels most like a sacred gift?*

 *How can I use it to uplift others rather than prove myself?*

 *What would it mean for me to return my talent to God — multiplied through service?*

Interlude – Crossing the Abyss: Elijah and the Still Small Voice (1:15 – 1:25)

Theme: *From Fire to Silence – Listening Beyond the Noise*

At this point in the workshop, participants have explored the **Second Veil** — recognising their values and sense of purpose.

Now, before moving into *The Crown*, they pause at the **Abyss**, the inner chasm between *knowing* and *being*.

This is where **the mind surrenders to the heart**, and intellect gives way to intuition.

The story of **Elijah at Mount Horeb (1 Kings 19)** offers the perfect metaphor for this crossing — the transition from striving to stillness, from outer effort to inner guidance.

1 Teaching (5 minutes)

Focus: *The Still Small Voice – A Universal Metaphor for Inner Revelation*

Facilitator narrative:

“After great victories and battles, the prophet Elijah fled into the wilderness — exhausted, afraid, and ready to give up.

He prayed to die under a broom tree, but an angel brought him food and said, ‘The journey is too great for you.’

Strengthened, Elijah walked forty days and nights to Mount Horeb, the mountain of God — and there he hid in a cave.

A voice said, ‘Go out and stand upon the mountain before the Lord.’

And behold, a mighty wind tore through the rocks — but the Lord was not in the wind.

Then an earthquake shook the ground — but the Lord was not in the earthquake.

Then a fire blazed before him — but the Lord was not in the fire.

And after the fire... came a *still small voice*.

When Elijah heard it, he wrapped his face in his mantle — for he recognised the Divine Presence.”

(pause gently)





Facilitator reflection:

“This story symbolises our own inner passage through the Abyss — the point where noise and striving dissolve into silence.

The wind, the earthquake, and the fire are the forces of the ego — the mind’s restlessness, the heart’s upheaval, and the will’s intensity.

The ‘still small voice’ is the soul’s whisper — the guidance that arises only when the surface is calm.”

Symbolic Correspondences

Element	Meaning	Human Experience	Kabbalistic Correspondence
 Wind	Mental turbulence	Overthinking, restlessness, analysis	Hod – the intellect
 Earthquake	Emotional upheaval	Instability, fear, grief	Netzach – emotion and desire
 Fire	Passionate striving	Ambition, burnout, control	Geburah – will and discipline
 Still Small Voice	Intuitive truth	Peace, clarity, alignment	Tiphereth / Daath – the heart's wisdom, gateway of realisation

“The silence after the storm is not emptiness — it’s awareness.
In that silence, you meet the Divine Designer within.”

2 Reflection Exercise (5 minutes) — Listening Beyond the Noise

Purpose: To guide participants into experiential contact with their *inner voice of truth*, bridging the rational and intuitive minds.

Facilitator Script (Guided Visualisation)

“Close your eyes, take a deep breath, and allow your body to soften.

Imagine standing on a quiet mountain at dusk. The air is cool. You feel safe.

Suddenly, a strong **wind** rises — wild, swirling thoughts filling your mind. Let them come... then let them pass.

Next, the **earth** begins to shake — emotions rumble within you. Fear, sadness, uncertainty... let them move through and settle.

Then comes **fire** — your will, your ambition, your passion burning bright. See it blaze... then gently fade.

And now — silence. Stillness.

In that quiet, you hear it — the *still small voice*.

It speaks not in words but in knowing.

What does it whisper to you?”

(Pause for 30 seconds of silence)

Journaling Prompt (in workbook):

✍️ *“My still small voice is guiding me to...”*

✍️ *“What truth arises when I listen beyond fear, thought, and striving?”*

✍️ *“What would it mean to act from that quiet place?”*

3 Integration and Teaching Point

Facilitator narrative:

“Elijah’s journey is our own — from outer performance to inner presence.

We often look for purpose in noise — in wind, quake, and fire — but real guidance whispers through stillness.

This is the moment of **crossing the Abyss** — where knowledge becomes wisdom, and will becomes willingness.

From here, we no longer act *for* God, but *through* God — as instruments of the Divine Designer.”

4 Optional Pair-Share (if time allows)

“If you’d like, share in a sentence or two what you heard or felt in the stillness.

Remember — there are no wrong words.

The voice that speaks within you is unique to your path.”

(Encourage reverence, not analysis — silence is as valuable as speech.)

Facilitator Transition to Part 4 – The Crown: Living as the Designer

“You’ve now stood at the threshold of silence — the heart of the Tree, where the self meets the Source.

From here, we cross into the upper realms of wisdom and unity — into **The Crown**, where the Divine Designer lives within us and acts through us.

Let’s explore how to live from that place of alignment — where life itself becomes prayer in motion.”

Workbook Summary (optional sidebar)

Crossing the Abyss – Key Insights

- The *Abyss* is not a void to fear, but a silence to trust.
- You cross it when you stop asking “What should I do?” and begin asking “What is seeking expression through me?”
- The *still small voice* is not louder than the noise — it’s **truer** than the noise.
- Listening is the bridge between intellect and intuition, between knowledge and wisdom.

Facilitator Transition to Part 4 – The Crown: Living as the Designer

“We’ve now moved through two great crossings:

The first — from ego to essence.

The second — from control to surrender.

What remains is to live from that centre — to design not from fear or ambition, but from unity.

Our next part explores what it means to live as *The Divine Designer* — to bring heaven to earth through conscious creation.”

Part 4 – The Crown: Living as the Designer (1:25 – 1:50)

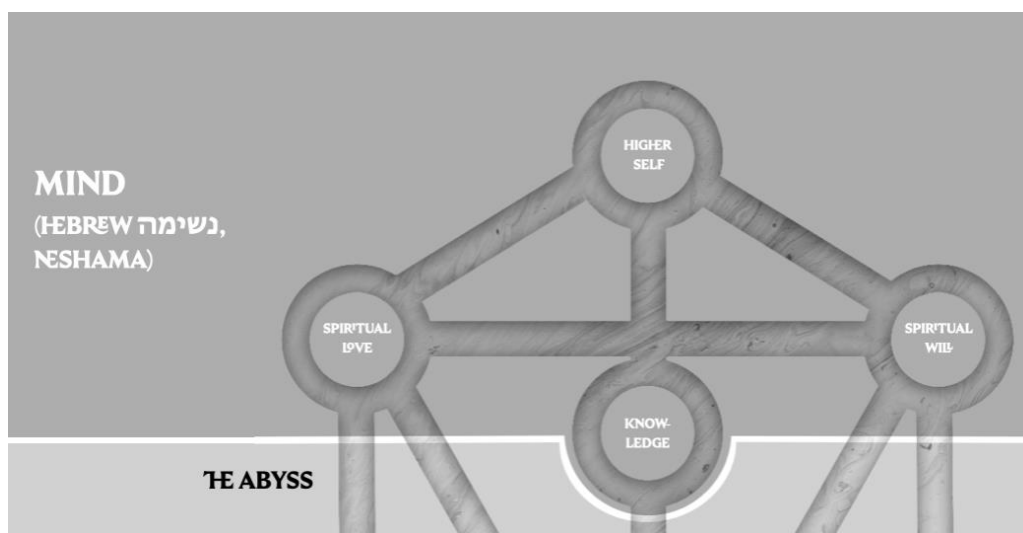
Theme: Co-Creating Your Life with Awareness

This final stage brings participants into the **Upper Tree** — the realms of wisdom, understanding, and unity.

It's the shift from “I design my life” to “**Life designs through me.**”

Here, the personality (lower Tree) and the soul (middle Tree) merge with divine intelligence (upper Tree).

The journey that began with questioning identity now ends in conscious co-creation — where *individual will* aligns with *Divine Will*.



1 Teaching (10 minutes)

Focus: *The Upper Tree – The Architecture of Divine Intelligence*

At this stage, we explore the **final triad of the Tree of Life** — the pattern of divine mind and creative consciousness.

These are the three highest spheres: **Binah, Chokmah, and Kether.**

Binah – Understanding (The Great Mother)

Structure • Wisdom Applied • Compassion in Form

- Binah translates divine inspiration into design — the principle of *form, order, and rhythm*.

- Psychologically, it is the **mature mind** — disciplined, reflective, and empathetic.
- It's the aspect of consciousness that asks: "*How can I bring this vision into meaningful structure?*"
- In spiritual creation, Binah represents **Divine Will embodied** — where thought becomes law.

"Understanding is love given structure."

Chokmah – Wisdom (The Great Father)

Inspiration • Insight • Dynamic Flow

- Chokmah is pure creative energy — the lightning flash of inspiration that precedes thought.
- It is the *unbounded* idea before the mind defines it — the intuitive spark of genius.
- When balanced by Binah, Wisdom expresses itself responsibly; when isolated, it becomes chaotic impulse.
- Chokmah is the **Word that moves through silence** — the sacred "Let there be..." of creation.

"Wisdom is light — it flows, it inspires, it gives life to form."

Kether – The Crown (Unity, The Divine Designer)

Oneness • Illumination • Conscious Co-Creation

- Kether is the source — the point of **pure being**, where the Divine and the individual merge.
- It is not something you reach but something you *remember* — the eternal "I Am."
- In this consciousness, life is no longer a series of choices but a continuous *flow of alignment*.
- Every act becomes an expression of love.

"In Kether, there is no separation between the artist, the art, and the act of creation."

The Flow of Creation Through the Upper Tree

Sphere	Expression	Human Experience
Chokmah	Inspiration	"The idea arrives."
Binah	Understanding	"I shape the idea into purpose."
Kether	Illumination	"I realise the idea was never separate from me."

Facilitator insight:

"The journey up the Tree is the journey from doing to being, from designing *life plans* to living as the *Divine Plan*.

You become the bridge between heaven and earth — the living expression of design itself."

2 Exercise (10 minutes) – The Design Declaration

Purpose: To articulate a personal statement of alignment — the conscious integration of will, purpose, and love.

Facilitator setup:

"Now that you've crossed both veils and listened to the still small voice, it's time to express what you've discovered — to declare your alignment with your true design."

Encourage participants to write intuitively, not analytically — from the heart, not the head.

Workbook Prompts: The Design Declaration

Step 1: Ground in Presence

✍ Close your eyes and breathe into the awareness that designed you. Feel the life that breathes through you. What does it want to express?

Step 2: Write Your Declaration

Write freely, beginning with:


"I am the designer of my life.
I choose to live in accordance with my highest values.
My purpose is to..."

Encourage participants to continue the sentence with whatever arises — whether one word, one line, or a full paragraph.

Examples:

- “My purpose is to bring clarity and compassion to every conversation.”
- “My purpose is to heal through honesty and hope.”
- “My purpose is to reveal the divine in the ordinary.”

Step 3: Integrate Intention and Action

 *What is one small, sacred action you can take this week that honours this declaration?*

 *How will you remind yourself daily to live from this place of design?*

Facilitator reflection after writing:

“When you put these words on paper, you’re not declaring who you wish to become — you’re affirming who you already are beneath the veils.

This declaration is your covenant — between your human will and divine will.”

3 Optional Sharing (if time allows)

Invite participants to share a single sentence from their declaration aloud (if they feel moved to). Encourage them to speak softly, reverently, and to listen in silence to one another — not for analysis, but for resonance.

Facilitator closing line for sharing:

“Every declaration spoken here adds to the light of collective design.

Each of us becomes a facet through which the Divine Designer expresses more fully in the world.”

4 Closing Reflection

Theme: *Living as the Designer – The Descent of Grace*

Facilitator narrative:

“The journey up the Tree is not an escape from the world, but a preparation to return to it — to bring what you’ve realised back into form.

The descent — from Kether back to Malkuth — is the creative cycle renewed.
Each thought, word, and act becomes sacred when done with awareness.

The designer’s task is not to control life, but to collaborate with it.

When you live from this consciousness, every breath is a prayer, every plan is an offering, and every moment is holy ground.”

Workbook Reflection Prompts

- ✍ How does life feel when I live as the designer, not the doer?*
 - ✍ In what ways can I bring heaven (vision) into earth (daily life)?*
 - ✍ What does co-creation with the Divine look like in my practice, relationships, or service?*
 - ✍ Where do I see beauty flowing through my life today?*
-

Facilitator Transition to Part 5 – Integration & Closing

“We’ve reached the Crown — the point of illumination.
But wisdom only lives when it’s embodied.

In our final moments together, we’ll integrate what’s been revealed — so that the design within can become the life you live without.”

🔑 Key Insights Summary for Workbook Sidebar

Living as the Designer – Key Insights

- The Crown is not above you; it is *within you*.
- Divine Will and personal will align through conscious presence.
- True design flows from wisdom (Chokmah) shaped by understanding (Binah) and illuminated through love (Kether).
- You are not creating life — life is creating through you.
- Every plan becomes sacred when aligned with purpose.

Part 5 – Integration & Closing (1:50 – 2:00)

Theme: *Bringing Heaven to Earth – Living the Design*

Every ascent must be followed by a return.

The purpose of awakening is not to escape the world, but to **bring consciousness into it** — to infuse the ordinary with the sacred.

In this final section, participants integrate their insights, honour their journey, and commit to living as co-creators of their reality.

1 Teaching (2 minutes) — The Descent of Grace

Facilitator narrative:

“You’ve ascended the Tree — from the material to the spiritual, from ego to essence, from seeking to being.

Now, the invitation is to *descend consciously* — to bring heaven into your everyday life.

The return path is not a fall — it’s grace in motion.

It’s where love becomes service, wisdom becomes kindness, and awareness becomes action.”

Key point:

The spiritual journey is cyclical, not linear.

Awakening is complete only when embodied — when insight becomes lived integrity.

2 Guided Meditation (5 minutes) — *Heaven to Earth Grounding*

Purpose: To embody illumination and integrate insight into daily awareness.

Facilitator Script (read slowly, in a calm, grounded tone):

“Close your eyes and take a slow, deep breath.

Imagine a column of light above your head — brilliant, gentle, golden-white.

This is the light of *Kether* — pure consciousness, unity, peace.

Feel that light descending through the crown of your head into your mind — bringing clarity, calm, and understanding (*Binah*).

Let it flow into your heart —
filling you with love, balance, and purpose (*Tiphereth*).

Allow it to travel further down, through your belly and hips —
grounding creativity and emotional flow (*Yesod, Netzach, Hod*).

Finally, let the light reach your feet —
connecting deeply with the earth beneath you (*Malkuth*).

Feel heaven and earth meeting within your body —
light and form becoming one.

As you breathe, repeat quietly to yourself:
'I am the bridge between heaven and earth.'
'I live my design with awareness and love.'

Sit for a few breaths in stillness, sensing this wholeness.”

(Pause for 30 seconds of silence)

“When you’re ready, open your eyes. Bring your awareness back to this space —
not leaving the light behind, but carrying it with you.”

3 Group Reflection Ritual (5 minutes)

Purpose: To collectively honour the journey and integrate insights through spoken intention.
This ritual closes the circle and affirms the embodiment of wisdom in action.

Facilitator Guidance:

- Invite participants to hold their **Design Declaration** page or journal.
 - Encourage presence and brevity — no analysis, just authenticity.
 - If group is large, small breakouts or silent visual gestures (e.g., hand on heart) can substitute verbal sharing.
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Facilitator Script:

“We’ll now seal our journey together.

Each of us has received insights, reminders, and callings today — our own blueprint for living
with awareness.

As we close, I invite you to share — in one word, phrase, or sentence — something you’re *taking
forward* from this experience.

It might be a value, a truth, a feeling, or a commitment.

When you speak, imagine your words as light returning to the Tree — feeding the collective
design.”

(Move around the circle or call on volunteers; after each share, pause briefly to let it resonate.)

Closing Affirmation (read together or call-and-response):

Facilitator:

“We have lifted the veils, crossed the Abyss, and remembered the Designer within.”

Group:

"I am the designer of my life."

Facilitator:

"We bring heaven to earth through our awareness, compassion, and action."

Group:

"I live my design with purpose and love."

Facilitator:

"And so the design continues — through each of us, and for the good of all."

(Pause for silent gratitude)

4 Journaling & Integration Prompts (optional handout or reflection page)

- ✎ What insight from today feels most alive in me right now?*
- ✎ What action, however small, can embody my declaration in the next seven days?*
- ✎ How can I stay attuned to my "still small voice" amid daily life?*
- ✎ What does "bringing heaven to earth" look like in my relationships, work, or service?*

Encourage participants to review these reflections in the week following the session.

5 Facilitator Closing (1 minute)

"The design we've explored today is not a metaphor — it's a living reality.
Each of you carries a spark of that divine architecture.

As you go forth, remember — your plans, your choices, your presence — they are all creative acts.

When you live with awareness, you become a channel for grace.
That is the essence of the Divine Designer."

(Smile softly, hands together in gratitude.)

"Thank you for journeying together — for your courage, your openness, and your light."

 **Optional Facilitator Touches**

- **Sound cue:** Soft chime or bell at the start and end of meditation.
 - **Visual cue:** Dim screen or lights during grounding meditation; return to brightness during reflection.
 - **Symbolic close:** Display the full Tree of Life image on screen — illuminated from root to crown — as participants speak their final words.
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Key Insights Summary (for workbook sidebar)

Bringing Heaven to Earth – Key Takeaways

- Integration is the act of *embodiment*: wisdom made visible.
- Spiritual growth is complete when lived through everyday actions.
- Heaven (consciousness) and Earth (form) are not opposites — they are partners.
- Your awareness transforms every ordinary act into sacred design.
- You are both the architect and the temple of your life.

The Lords Prayer: a spiritual GAME Plan

The **Lord's Prayer** (Matthew 6:9–13) is not only a prayer — it's a **cosmic map of consciousness** that mirrors the **ascent and descent of the Tree of Life**.

Let's unpack that carefully — first as an overview, then step-by-step through each line of the prayer and its Kabbalistic correspondence.

Overview: The Tree of Life as a Universal Template

The **Tree of Life** symbolises the process by which the Infinite (Ain Soph Aur) becomes the finite — how Spirit manifests as form.

The **Lord's Prayer**, when viewed through this lens, reverses that flow: it's a meditative *return* from form to source — a conscious *ascent* through the spheres (Sephiroth) back to unity.

In short:

The Tree of Life is the **Divine Design** descending into creation.

The Lord's Prayer is the **Divine Recollection** — the soul's path of return.

The Lord's Prayer and the Ten Sephiroth

Prayer Line	Tree of Life Sphere	Key Theme	Interpretation
"Our Father, who art in heaven"	Kether – Crown	Unity, Source, Pure Being	Recognition of the One — the unmanifest source from which all flows. The transcendent "I Am."
"Hallowed be Thy name"	Chokmah – Wisdom	Divine Will, Creative Impulse	Reverence for the divine principle; the act of consecrating thought and speech. The vibration of creation.
"Thy Kingdom come"	Binah – Understanding	Structure, Law, Divine Order	Invocation of form and manifestation; the descent of spirit into creation. The divine plan taking shape.
"Thy will be done, on earth as it is in heaven"	Chesed & Geburah – Mercy and Justice	Love and Power in balance	Alignment of human will with divine harmony; mercy (Chesed) and discipline (Geburah) held in right proportion.

“Give us this day our daily bread”	Tiphereth – Beauty / Heart	Integration, Sustenance, Gratitude	Spiritual and material nourishment — the recognition that abundance flows through connection, not possession.
“And forgive us our trespasses, as we forgive those who trespass against us”	Netzach & Hod – Emotion and Intellect	Release, Reconciliation	Balancing the heart’s empathy (Netzach) with the mind’s understanding (Hod). Healing duality through forgiveness.
“And lead us not into temptation”	Yesod – Foundation	Imagination, Integrity	Clarity of intention; purification of subconscious desires. Guarding the foundation of the psyche from distortion.
“But deliver us from evil”	Malkuth – Kingdom	Manifestation, Grounding	Protection and grounding in physical life. Living ethically and consciously in the material world.
“For thine is the kingdom, the power, and the glory, forever and ever”	Return through the Whole Tree	Unity, Completion	The re-ascent to Kether — the realisation that all aspects of being are expressions of the One.

✨ Commentary: The Movement of Descent and Return

1. Invocation (Kether–Binah):

The prayer begins at the top of the Tree — addressing the **Source** (Kether), acknowledging its **Creative Word** (Chokmah), and its **Orderly Manifestation** (Binah).

2. Alignment (Chesed–Geburah–Tiphereth):

It then moves through the moral heart of the Tree — harmonising **Divine Will and Human Will**, seeking to bring heaven into earthly experience.

3. Purification (Netzach–Hod–Yesod):

The prayer works through the **psychological layers** — balancing desire and reason, healing through forgiveness, and stabilising the inner foundation.

4. Manifestation (Malkuth):

It culminates in embodiment — asking for ethical clarity and deliverance in the physical world.

5. Return (Upward through the Tree):

The final doxology (“For thine is the kingdom...”) reaffirms the cyclical nature of life — **everything flows from, through, and back to the Divine.**

In the Language of the GAME Plan™

- **Goals (Kether → Binah):** Vision aligned with divine purpose.
- **Actions (Chesed → Geburah):** Balanced will — compassionate and just.
- **Means (Netzach → Hod → Yesod):** Emotional, intellectual, and intuitive alignment.
- **Execution (Malkuth):** Grounded action; the embodiment of spiritual intention.

Thus, the Lord's Prayer is a **spiritual GAME Plan** — a daily design ritual moving from divine intention to embodied execution, then back to awareness.

Spiritual Psychology of the Prayer

Dimension	Psychological Movement
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Transcendence	From separation to unity ("Our Father...")
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Alignment	From ego to service ("Thy will be done...")
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Integration	From guilt to forgiveness ("Forgive us...")
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Empowerment	From fear to clarity ("Deliver us from evil...")
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Realisation	From striving to gratitude ("For thine is the kingdom...")
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It's a full cycle of consciousness — from awakening to surrender — the same pattern that underpins your *Divine Designer* workshop.

Summary Insight

The **Lord's Prayer** and the **Tree of Life** are two languages describing the same truth: The human journey is not about climbing to God — it's about remembering that God has always been within the design.

Each line of the prayer awakens a different Sephirah within us — transforming ritual into revelation.

Ein Sof

Ain Soph = Ein Sof = the Infinite — the unbounded Source beyond all description.

Different spellings, one reality: the limitless field of consciousness from which everything arises.

Ain Soph Aur (אין סוף אור) = “The Infinite Light” — the radiance flowing from the Infinite before it differentiates into the ten Sefirot.

Ein Sof, a Hebrew term meaning "without end," refers to the boundless, unknowable, and infinite aspect of God in Kabbalah, existing before self-manifestation or creation. It is the ultimate source of all reality, considered the infinite divine light that emanates from the divine essence and is the ultimate ground of being from which all of existence emerges. While fundamentally transcendent, the concept is also understood through the [Sefirot](#), or divine emanations, which bridge the gap between the infinite Ein Sof and the finite world.

- **Incomprehensible essence:** Ein Sof is the aspect of God that is beyond human comprehension, thought, or language. It is described as having existed "alone, without form and without resemblance to anything else" before creation.
- **Source of creation:** It is the infinite, dynamic process that is the source of all creation, the constant flow of divine energy that sustains the universe.
- **The "Infinite Light":** Kabbalah speaks of the "Ohr Ein Sof" (Light of Ein Sof), which is the divine light that emanates from the unknowable Ein Sof, filling the vessels of creation and making the world possible.
- **Bridging infinite and finite:** The Sefirot, or divine emanations, are the channels through which the infinite light of Ein Sof is filtered and made manifest in the world, creating a bridge between the boundless and the finite.
- **Central tenet of Kabbalah:** As a central concept in Jewish mysticism, Ein Sof emphasizes the idea that God is transcendent and ultimately mysterious.

Ein Sof (אין סוף) is one of the most important—and most misunderstood—ideas in Jewish mysticism.

Here’s how the concept unfolds and how it connects with the broader language of consciousness and embodiment that you often use.

🔮 1. Meaning of the Name

Ein Sof literally means “**without end**” or “**there is no end.**”

It describes the **Infinite** aspect of the Divine—God before any limitation, form, or attribute. Before creation, says the *Zohar*, “all was hidden in Ein Sof, beyond comprehension or knowing.”

So, Ein Sof is not a being but **beingness itself**—the boundless source from which every possible form arises.

2. Place in the Kabbalistic Map

Kabbalah views creation as an emanation rather than a manufacture.

From Ein Sof flow ten **Sefirot**—channels or “vessels” of divine energy that shape the worlds of spirit and matter.

Level	Hebrew Term	Role
Ein Sof	“The Infinite”	Pure undifferentiated consciousness; no form, no boundary.
Keter	“Crown”	The first stir of intention or will to create.
Sefirot 2–10	Wisdom, Understanding, etc.	Progressive condensation of that light into creation.

In mystical language:

Ein Sof → Infinite Light (*Or Ein Sof*) → Sefirot → Worlds → Human experience.

3. Philosophical Essence

Ein Sof is:

- **Beyond duality:** no male/female, good/evil, spirit/matter.
- **Beyond thought:** the mind can’t grasp it; only silence can “know” it.
- **Present everywhere:** though unknowable, it infuses all being—what Kabbalists call *immanence within transcendence*.

The 13th-century mystic Azriel of Gerona wrote:

“From the point of view of the Infinite, everything that exists is still unseparated from the Infinite.”

4. Experience of Ein Sof

For the mystic, communion with Ein Sof isn’t achieved by belief but by **nullification of self** (*bittul ha-yesh*).

When the personal identity quiets, awareness realises itself as part of the Infinite.

This experience parallels:

- **Advaita Vedanta’s Brahman**
 - **Taoism’s Tao**
 - **Christian mysticism’s Godhead (Deitas)** beyond Father, Son, and Spirit.
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5. Relation to Embodiment and the GAME Plan

In your framework, Ein Sof represents **pure consciousness before Goal-setting**—the silent field of possibility.

When the *Goal* arises, it's the first spark of Keter emerging from Ein Sof.

The entire GAME Plan—Goals, Actions, Means, Execution—is the journey of that infinite potential condensing into visible form.

Ein Sof = Spirit

GAME Plan = the pattern by which Spirit becomes embodied reality.

Every time you bring intention into form while remaining aware of its infinite origin, you re-enact creation itself.

In Essence

Ein Sof is the limitless Source—formless, boundless, eternal.

All creation, including each human life plan, is its self-expression in finite form.

To remember Ein Sof is to remember that behind every design, there is only one Designer: the Infinite becoming conscious of itself through you.

🔗 The GAME Plan as Embodiment Technology

*The **GAME Plan** is more than a framework for strategy — it is a **technology of embodiment**, a living process through which intention becomes form. Each phase — **Goals, Actions, Means, Execution** — mirrors the descent of consciousness into matter, translating vision into reality. Goals hold the seed of divine intention; Actions convert that intention into movement; Means give it structure and substance; and Execution manifests it in the world. The process transforms ideas into lived experience — **the Word made flesh** in practical service. By cycling consciously through these stages, planners learn to harmonise spirit and system, purpose and process, creating not just plans, but incarnations of meaning.*

That's precisely what the **GAME Plan** represents at its deepest level: a *living structure for embodiment* — the journey of **intention crystallising into form**, consciousness becoming lived reality.

Let's articulate it clearly so you can weave this language into your teaching and materials.

🔗 The GAME Plan as a Process of Embodiment

G — Goals: The Seed of Intention

- The *Goal* phase corresponds to **pure consciousness** — the spark of divine will before it manifests.
- It's where vision, desire, and calling arise.
- In mystical terms: *the Word before flesh*.

Embodiment key: clarify the essence of what seeks to express through you — not what you want to possess, but what life wants to become through you.

A — Actions: Energy in Motion

- This is the movement from inner idea to energetic expression.
- You begin aligning thoughts, words, and deeds with your intention.
- Psychologically: the will-to-form; spiritually: faith-in-action.

Embodiment key: each act becomes a ritual of incarnation — the invisible taking visible shape.

M — Means: Structuring Matter

- The *Means* phase grounds the energy into systems, tools, and resources.
- Here consciousness flows through design: budgets, calendars, collaborations, technology.
- It's not "materialism" — it's **matter as messenger**.

Embodiment key: matter serves meaning. Every structure is sacred architecture.

E — Execution: Manifestation in the World

- This is **form realised** — the embodied plan living, breathing, and serving.
- Now the idea has weight, time, and impact.
- Execution is *incarnation completed*: heaven meeting earth.

Embodiment key: evaluate through awareness — does the outer still match the inner? If not, the cycle begins again.

The Cycle in Consciousness Terms

Stage	Inner Movement	Spiritual Analogy	Result
Goals	Inspiration	<i>Divine Word / Logos</i>	Intention born
Actions	Translation	<i>Faith and alignment</i>	Energy mobilised
Means	Materialisation	<i>Sacred design</i>	Structures created
Execution	Realisation	<i>Incarnation</i>	Intention embodied

In Essence

The GAME Plan is not just a planning tool — it's an **alchemical process of embodiment**, where consciousness descends through successive layers of reality until intention becomes life.

You could summarise it poetically:

“From vision to vessel, from spirit to structure — the GAME Plan is the Word becoming flesh through purpose.”